TRANSFORMING youth recovery

OUR mission and vision

Our mission is to provide solutions for those impacted by substance use disorders.

Our vision is to invest in the future of our youth by bringing research, solution-based programs and resources to substance use disorders transforming the pathway for lifetime recovery.

OUR areas of focus

We support educators, parents, and community members in helping students in recovery thrive in the fullness of everyday life. We work with these communities to increase recovery success for students struggling with addiction. We use real world experiences of students in recovery to educate the public and to erase the social stigma that blocks students and their families from seeking help.

KEY objectives

- Higher Education: Universities
- Community Colleges
- Recovery High Schools
- Pre K-12
- Family
  - Community
  - Capacititye
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OUR leadership

Stacie Mathewson, Founder, President and CEO

Stacie Mathewson’s personal and professional mission is focused exclusively on promoting addiction awareness, recovery, prevention and education at the local, state and national level. Stacie is personally connected to the cause, witnessing since childhood how the addiction disease can tear families apart and span generations. With the loss of her son, Josh Montoya, who first faced the disease of addiction in his early adolescence, Stacie’s commitment to preventing addiction and protecting the health of our youth is unrelenting.

In the fall of 2012, Stacie initiated a collegiate grant program to assist universities in developing or expanding existing recovery support services to help each university establish institutionally accepted, financially sustainable collegiate recovery programs. To date Transforming Youth Recovery, which Stacie founded in 2013, has funded over 100 grants across the country, resulting in an increase in the number of established or emerging collegiate recovery programs from approximately 35 in 2012 to over 160 today.

Stacie has invested significant resources into restructuring, rebranding, and developing the accreditation process for the Association of Recovery Schools (ARS). As a result of these efforts, ARS has become a viable organization. It is recognized by the Office of National Drug Control Policy (ONDCP) and is mentioned in The Comprehensive Addiction and Recovery Act of 2014, the largest bill for recovery support.

Doors to Recovery, a project of Transforming Youth Recovery, is focused on finding solutions for Northern Nevada with the intention of breaking the stigma of addiction and creating a truly innovative, integrated, and sustainable recovery-oriented system of care. In July of 2015, the Doors To Recovery Community Asset Mapping Report was published. Based on this research, gaps were identified in the continuum of care that allowed Stacie to significantly impact the Northern Nevada community. She helped establish The Young Offender Specialty Drug Court for ages 18-25 emerging adults (2015) and augmenting this program, has opened two youth treatment homes for this population; a third is in the planning stage.

Stacie has received 21 awards for her innovative efforts from national, state, and local organizations in the areas of recovery advocacy, education, and science-based research. She previously served on the Congressional Finance Committee Board at the request of Congresswoman Mary Bono Mack.

Stacie’s vision and dedication to prevention and recovery support for our youth is making a significant impact on Northern Nevada and the nation.
President’s Report

Stacie Mathewson, CEO and President

2015 marked a year of great progress for TYR. Looking back it is amazing what our team was able to accomplish, and the significant impact we are making in the field of youth recovery.

This year we released 4 new research publications: 1) Closing the Gap: An examination of access to Best-In-Class evidence-based alcohol and other drug prevention programs for K-12 students, 2) the Collegiate Recovery Survey 2015 Monitor, 3) The Assets for Building Collegiate Recovery Survey Report, and 4) Resource Mapping for Northern Nevada. As a result of our findings, we identified gaps in the continuum of care and are providing solutions to fill these gaps.

Through our “Seeds of Hope” grant initiative we have awarded over 120 grants to four-year colleges to start recovery programs on their campuses to date. The impact we have made has more than tripled the number of these programs available to students nationwide. Due to our efforts, over 30,000 students have access to support for their recovery on campus.

In June 2015, just over three years since the program’s inception, The University of Nevada, Reno (UNR) president, Marc Johnson, announced that UNR had institutionally accepted their collegiate recovery program.

Transforming Youth Recovery played an active role in the planning of the Unite to Face Addiction event and provided significant funding and financial oversight for this historic event held on October 4th at the National Mall in Washington D.C.

The good news is that as a result of our achievements we are seeing young people getting into recovery earlier, and we are seeing schools transform to provide the ongoing supportive communities students need to live new lives in recovery. We are creating environments that support these students to graduate sober and achieve long, healthy, productive lives. The changes this current generation is experiencing as a result of our dedicated efforts will continue to impact a legacy of hope, breaking cycles of addiction for generations to come.
A new students in recovery group has just started. Student services hires a trained drug and alcohol counselor. Fitness center expands their wellness and nutrition class offerings. Sober tailgate is sponsored by a student group.

Transforming Youth Recovery
One Community, One School, One Student At A Time

2015 Monitor Collegiate Recovery Asset Survey

KEY objective
Higher Education: Universities

Situation
- Despite 22.9% of all college students meeting the medical criteria for addiction issues (CASA), only 34 colleges out of 4500 had collegiate recovery programs to support students in recovery in 2012.
- This significant gap in services impacted the continuum of care for the 143% increase in college students seeking treatment for addiction between 1999-2009.
- As a result, families were left with a difficult, painful choice: whether to risk sending their students back to campuses where there was zero support, or to simply not allow their students to go back to school due to risks of relapse as a result of the “party culture” and lack of support systems on campuses.

Solution
Recognizing the need to implement life-saving measures on campuses, our collegiate recovery initiative began in the fall of 2012 when we began awarding $10,000 grants to universities to support the creation of new collegiate recovery programs. A landmark research study was completed in the spring of 2013 that identified 38 community-based assets that could help college students in recovery to thrive, and a companion toolkit and web platform were developed.

Success
- Funded 97 $10,000 seed grants to institutions of higher education to initiate recovery programs on their campuses; in addition 17 support grants have been awarded to encourage the growth of existing programs.
• Tripled the number of recovery efforts in progress across the country, and in many cases have resulted in a registered student organization on campus.

• 1500+ students are currently attending events and activities within communities that are supported through the TYR collegiate grant program.

• With our continued technical assistance and support, these programs have the potential to impact nearly 30,000 students seeking recovery support. This research has discovered an alarming gap between the number of students who have access to effective evidence-based alcohol and other drug prevention programs and the total number of K-12 students in the U.S.

The Assets for Building Collegiate Recovery Survey Report
— August, 2015

• This annual survey aims to refresh and update research undertaken to identify community assets that can help students in recovery to thrive in the fullness of the college experience.

• Results from the survey are used to annually evaluate the usefulness of 38 assets that are the basis for building collegiate recovery capacity across the United States.

• As a service to the research community in the recovery field, the references used to inform the asset study were catalogued and made publically accessible via an on-line library hosted on Scribd.
University of Nevada, Reno Collegiate Program (N-RAP)

UNR was the pilot program that launched the collegiate recovery grant initiative of The Stacie Mathewson Foundation with funding beginning in the latter half of 2012. Since its inception, the N-RAP Program has grown from a few students gathering for impromptu 12 step meetings on the lawn of the university to a program that currently serves 65 top-tier members and has had over 3,500 drop-ins to date.

Institutional Acceptance

In June of 2015, 2.5 years since the program’s inception, UNR’s president, Marc Johnson, announced that UNR had institutionally accepted N-RAP, explaining, “There is a need for this program, which is why it’s very important we keep it here and help it thrive. We are committed to this element of recovery on our campus.” N-RAP’s institutionalization means that the university will use state and student fee funds to cover operating costs and to hire key staff.

The N-RAP program at UNR is recognized as one of the top five collegiate recovery programs in the nation.
UNR President Marc Johnson
KEY objective

Family

Situation
Many internal and external forces influence today’s families and none are immune to the potentially devastating issues arising from substance use disorders.

Solution
While our previous studies focused specifically on educational impact, we are strategically turning our attention to the bigger picture of supporting parents and their children as they strive to live their best lives. Our intent is to educate and provide resource tools to allow parents to become children’s best advocates. Identifying trauma as early as age one year can make a significant difference in a child’s long term healthy development towards a positive future.

Success
A comprehensive research study of the family is planned to being in 2017 that will look at the family unit and how childhood trauma can affect substance use disorder later in life.

KEY objective

Community Colleges

Situation
Community Colleges enroll about 46% of the nation’s college students. The field of recovery support on community college campuses appears to be small and compartmentalized. As a result, a concerted effort to collect data and continue to build awareness of this largely unmet need must be a focus of research and pilot activities.

Solution
Conduct extensive research aimed at determining the need for increasing the capacity for the unique campus environment community colleges provide students to offer recovery support on campus.

Success
Research conducted this year will be published in 2016 that will inform the development of our community college recovery support pilot and grant programs.
KEY

objective

Recovery High Schools

Situation
When Transforming Youth Recovery began working with ARS in 2012 there were 29 Recovery High Schools in operation, they had an annual operating budget of $20,000, board members scattered across the U.S., and one part-time staff person. They had recently parted ways with The Association of Recovery in Higher Education (ARHE) which was the college arm of the joint organization and were in dire straits.

Solution
• Invest significant resources into restructuring, rebranding, website and national conference development, and developing the accreditation process for the Association of Recovery Schools (ARS).
• Provide funding for the Executive Director’s salary for two years.
• Provide in-kind donation of TYR staff support.
• Provide funding to host two successful Annual Conferences. The 2014 and 2015 Annual Conferences, with the support of Transforming Youth Recovery, doubled the outreach and attendance and included presentations by national figures Mary Bono, Michael Botticelli, Peter Gaumond and other notable government officials and experts in the field of addiction.
• Provide funding to begin research for a new report, The State of Recovery High Schools that will be released in 2016. The report builds on the 2013 Market Study for Recovery High Schools report TYR funded and released in 2013. The report will identify key indicators to best inform advocacy efforts and provide guidance for consultation to those looking to initiate or expand recovery schools.

Success
• Because of these efforts, ARS has become a viable organization. It is recognized by the Office of National Drug Control Policy (ONDCP) and is mentioned in The Comprehensive Addiction and Recovery Act.
• Our continued support has allowed ARS to provide deep expertise, resources and data-driven best practices to Recovery High Schools through training, consulting and accreditation services, while serving as advocates for the educational inclusion of youth recovery.
• The favorability analysis completed in 2013 offers the first cataloging of national policies and programs, on a state-by-state level, that might support the expansion of recovery high schools in the United States. This foundational work will be expended upon once ARS reaches this strategic point in the year head.
• Currently there are 36 Recovery High Schools operating in the U.S. with 13 additional underway with approximately 2,000 students in attendance nationwide.
KEY

objective

Pre K – 12

Situation

The 2014 National Survey on Drug Use and Health found that an estimated 27.0 million people aged 12 or older used an illicit drug in the past 30 days, which corresponds to about 1 in 10 Americans (10.2 percent).

Solution

This reflects a public health issue we are looking to address without hesitation.

Giving specific attention to those at-risk for drug and alcohol substance use disorders or misuse, we will help communities find and put into practice those things that allow PreK-12 students and their families to live their best lives.

Success

Closing the Gap on Access to Top-Tier, Evidence-Based Drug and Alcohol Prevention Programs Available to K-12 Students in the U.S.

— February 2015

Although 56.5% of U.S. schools are implementing substance use prevention programs, only 10.3% are using evidence-based curriculum. This research has discovered an alarming gap between the number of students who have access to effective evidence-based alcohol and other drug prevention programs and the total number of K-12 students in the U.S.
The TYR prevention study has determined the following three actions are required to address this access gap so that more K-12 students will receive effective prevention education:

- Identify and make known the Best-in-Class evidence based alcohol and other drug prevention programs available to K-12 students in the U.S.

- Find and map the prevention practices that accompany effective program implementation so as to build capacity for broader dissemination of Best-in-Class prevention programs.

- Cultivate a network of parents, schools, governmental agencies, organizations and communities that can accelerate the sharing and implementation of thriving prevention practices in support of national youth health standards and public health services.

In 2016 we plan to provide best-in-class, evidence-based programming for an entire school district for 13 consecutive years for all PreK-12 students. This will be the first time in the history of our nation that a longitudinal study of this magnitude will be conducted.
Arkansas State University
Auburn University
Boise State University
California State University, Chico
California State University, Long Beach
California State University, San Bernardino
California State University, Stanislaus
Central Washington University
College of Charleston
Dalton State College
Dixie State University
Drexel University
Eastern Illinois University
Florida Atlantic University
George Mason University
George Washington University
Georgetown University
Indiana University Bloomington
Kennesaw State University
Longwood University
Louisiana State University
Loyola University Maryland
Michigan State University
Mississippi State University
Missouri State University
Montana State University Bozeman
Morehead State University
North Carolina Central University
North Carolina State University
North Dakota State University
Ohio State University
Oregon State University
Pace University, New York City
Saint Joseph’s University
Saint Louis University
San Diego State University
St. Cloud State University
Stony Brook University
University at Albany, SUNY
University of Arizona
University of California, Berkeley
University of California, Davis
University of California, Los Angeles

Red Wolves P.O.W.E.R. (Promoting Opportunities with Effective Recovery)
Auburn Recovery Community
SOBER (Students & Other Broncos Enjoying Recovery)
Students Seeking Recovery
Beach Recovery
CSU San Bernardino Recovery Services
Warriors for Recovery
CWU Recovery Outreach Community (CWU-ROC)
Collegiate Recovery Program
Dalton State Collegiate Recovery Community
Collegiate Recovery Program
The Haven at Drexel
EIU Collegiate Recovery Program-Panthers United in Recovery!
Collegiate Recovery Community at FAU
All Recovery for Mason Students
Students for Recovery
GU Collegiate Recovery Program
Students in Recovery – Bloomington
KSU Collegiate Recovery Community
Longwood Recovers
Louisiana State University Collegiate Recovery Effort
Cardoner Recovery Community
Traveler’s Club/ MSU Collegiate Recovery Community
MSU Collegiate Recovery Community Program
SoBEAR: Bears in Recovery
Recovering Students at MSU
MSU Collegiate Recovery Effort
NCCU AOD Collegiate Recovery
Collegiate Recovery Community
NDSU Recovery Support Services
The Ohio State Collegiate Recovery Community
Collegiate Recovery Community
Pace University Counseling Center
The Flock: Students for Recovery
Saint Louis University
SDSU Aztecs for Recovery
St. Cloud State University Recovery Community
Seawolves for Recovery
University at Albany Collegiate Recovery
Wildcat Collegiate Recovery
SoBears: Students for Recovery
Recover Inspire Support Empower (RISE)
Bruins For Recovery (B4R)
The colleges below have received grants of $10,000

University of California, Merced
University of California, Riverside
University of California, San Diego
University of California, Santa Barbara
University of California, Santa Cruz
University of Connecticut
University of Delaware
University of Houston
University of Idaho
University of Massachusetts Boston
University of Michigan
University of Mississippi
University of Missouri, Columbia
University of Nebraska Omaha
University of Nebraska-Lincoln
University of Nevada, Las Vegas
University of Nevada, Reno
University of New Mexico
University of North Carolina at Chapel Hill
University of North Carolina at Charlotte
University of North Carolina at Pembroke
University of North Carolina at Wilmington
University of North Dakota
University of North Texas
University of South Carolina
University of Texas at Arlington
University of Texas at Austin
University of Texas at Brownsville
University of Texas at Dallas
University of Texas at El Paso
University of Texas at San Antonio
University of Texas at Tyler
University of Texas Rio Grande Valley
University of Virginia
University of Washington
University of Wisconsin – La Crosse
University of Wisconsin – Madison
University of Wyoming
Virginia Commonwealth University
Wake Forest University
West Virginia University
Western Carolina University
Winona State University
Bobcats for Recovery
The Loft: Collegiate Recovery Community
Triton Recovery Group
Gaucho Recovery
Slugs for Health and Growth
UCCONN Recovery Program
Collegiate Recovery Community at UD
Cougars in Recovery
Student Addiction Support and Recovery Alliance (SASRA)
UMass Boston Recovery Support Program
Collegiate Recovery Program
Collegiate Recovery Community at The University of Mississippi
Sober in College
UNO Recovery Community
UNL- Campus Recovery Community
HYPER: Helping Young People Experience Recovery
Nevada’s Recovery and Prevention Program (NRAP)
UNM/COSAP Collegiate Recovery Program
Carolina Recovery Community
UNC Charlotte Collegiate Recovery Community (CRC)
Be Brave
CRC Hawks
Been There Done That
UNT Collegiate Recovery Program
Cocky Recovery
Center for Students in Recovery
The Center for Students in Recovery
UTB Campus Recovery Center
Center for Students in Recovery
UTEP Collegiate Recovery Program
The Center for Collegiate Recovery at UTSA
Center for Students in Recovery
Zen Recovery Center
Hoos in Recovery (Gordie Center for Substance Abuse Prevention)
Health & Wellness
La Crosse Collegiate Recovery
Live Free – Student Wellness and Recovery
Collegiate Recovery Program at University of Wyoming
Rams In Recovery
WFU Collegiate Recovery Effort
Mountaineer Recovery
Catamounts For Recovery
WSU Recovery Warriors
TYR

collegiate recovery support grant schools

The colleges below have received support grants of less than $10,000

- Catawba College
- Colorado State University-Pueblo
- Eastern Michigan University
- Fairfield University
- Hampden-Sydney College
- Maryville University
- Northern State University
- Ohio University
- Pennsylvania State University
- Schreiner University
- Southern Methodist University
- Southern Oregon University
- Sweet Briar College
- University of Florida
- University of Redlands
- University of the Sciences
- University of Vermont
- Washington and Lee University
- Collegiate Recovery Community
- The H.A.R.T. (Healing from Addiction through Resources and Teachings) Pack
- Students for Recovery
- Collegiate Recovery Program & Recovery House
- H-SC Collegiate Recovery
- Maryville University Collegiate Recovery
- Student Wellness Action Team (SWAT)
- Collegiate Recovery Community
- Penn State Collegiate Recovery Community
- Schreiner Recovery Effort
- Collegiate Recovery Community
- CORE: Community of Recovery in Education
- Counseling Center
- UFCRC (University of Florida Collegiate Recovery Community)
- The Haven at College
- University of the Sciences Recovery Program
- Catamount Recovery Program
- Washingtonian Recovery Community

The graph below shows the 2015-16 growth in collegiate programs in the U.S.

Collegiate recovery efforts are reflective of support services typically in the beginning stages of community development.

Collegiate recovery programs refer to more established or formalized recovery support communities typically in mature stages of development.

Number of CRPs currently operating or launching in the U.S.
2015 presentations

Perhaps most important presentation this past year has been the educational advancement provided through conference presentations aimed at helping professionals apply an asset-based approach to collegiate recovery efforts.

1/12: NASPA Alcohol, Other Drug and Violence Prevention Conference. Gaylord National Resort and Convention Center, National Harbor, MD “Recovery on Campus: The ‘not so’ impossible dream”

1/13: Maryland Behavioral Health Administration. Special presentation on Collegiate Recovery Programs

1/29: SAMHSA Expert Panel on Recovery High Schools and Collegiate Recovery Programs: Recovery-oriented Education Supports for Youth and Young Adults Presentation about TYR’s collegiate grant initiative

4/9: Kennesaw State University Pathways to Understanding Conference, Lunch Address

4/11: Meeting of the Minds, Kansas City, MO “Recovery as an essential component of an Alcohol and Other Drug Program on campus: the WHAT, WHY and HOW of collegiate recovery” “Hearing the Voices of the Recovery Community on Campus: A Student Panel”


“Statewide Efforts to Support Collegiate Recovery”


6/19: Nebraska Alcohol and Other Drug Collegiate Consortium (Webinar Series) “Recovery as an essential component of an Alcohol and Other Drug Program on campus: the WHAT, WHY and HOW of collegiate recovery”

6/24: UNITE (Association of Recovery Schools and Young People in Recovery) Youth Recovery Conference. Drexel University, Philadelphia PA

9/23: University of North Texas Conference. Key Note Address, Dayton TX

9/30: Eating Disorder Center of San Diego. Parent information and Capacitype, Solana Beach CA

10/13: La Jolla Country Day School. AOD Prevention, La Jolla CA

11/7: CUCRC. The Ocean to Your Wave – Learning from the network of CRPs “Finding balance in your recovery” Santa Barbara, CA
We were honored this year with four awards for our innovative efforts from national, state, and local organizations in the areas of recovery advocacy, education, and science-based research!

Collegiate Recovery Transformer Award
The George Washington University
April 23, 2015

VIP Women of the Year Circle Award
National Association of Professional Women
2015-2016 Inductee

The Stacie Mathewson Guardian Angel Award
Association of Recovery Schools
June 24, 2015

Best of Solana Beach Award for Scientific Research and Development Services
The Solana Beach Award Program, 2015
Situation
A nationwide deficiency of comprehensive and interactive resource tools and database addressing substance use disorders.

Solution
The development of Capacitpe™, an interactive database system which maps recovery assets across our nation. Capacitpe™ provides rapid access to support and care for those in need, and encourages individuals, groups and communities to build capacity for pathways to recovery across the nation.

Success
• On October 4th 2015 we launched the latest version of our Capacitpe™ application at Unite to Face Addiction in Washington, D.C.

• This act of coming together to find and make known helpful resources is changing the way people view, think, and talk about recovery in their communities. As recovery support assets (people, places and things) are made known, the community can begin assembling them into new practices that expand access and address uncovered needs or gaps in service.

• Capacitpe™ is actively used by school and higher education staff, students, parents, treatment providers, the National Office of Drug Control Policy (ONDCP), and other government administrators.
COLLABORATIONS

unite to face addiction

We played an integral role in planning the Unite to Face Addiction event and provided significant funding and financial oversight for this historic gathering held on October 4th on the National Mall in Washington D.C. TYR founder, CEO & President, Stacie Mathewson became a Founding Board Member of UTFA.
Unite to Face Addiction was organized to unify the voices of over 45 million Americans and their families impacted by addiction. People came from all across the country to participate and show their support. The star-studded concert was filled with musical performances by Joe Walsh, Steven Tyler, Sheryl Crow and many others and interspersed with remarks by celebrities, elected officials and other advocates who joined together to change the conversation and bring new solutions to the addiction crisis in America.

TYR’s executive director, Ivana Grahovac, addressed the crowd of over forty-thousand people gathered that day and read a personal message of encouragement from former President George W. Bush.
3rd Annual Josh Montoya Beach Memorial

As part of National Recovery Month we held our 3rd annual Josh Montoya Beach Memorial in Del Mar, CA. This free community outreach event is held each year during National Recovery Month to create awareness for this epidemic and to end the stigma related to substance use disorders.

Renowned Earth Artist, Andres Amador, was commissioned to create a giant living memorial on the sand. This event is named after our founder, Stacie Mathewson’s son Josh, who lost his life to a drug overdose in 2013.

Young People in Recovery

In November of 2015, leaders from Young People in Recovery (YPR) were invited to participate in a day-long introduction to TYR’s asset mapping application and database, Capacitype. The agenda featured an overview of the mapping activities being undertaken to build capacity for recovery in the U.S. and offered an opportunity to share views and opinions on how these efforts might advance in the year ahead. The goal was to explore how YPR Chapters could best utilize the Capacitype application in support of national advocacy and programmatic services.

The goal is to integrate Capacitype activities into local Chapter functions as a means to enhance accessibility to helpful and useful resources for recovery support.

Recovery Campus Magazine

Recovery Campus Magazine serves the young adult population and raises the awareness of the growing number of Collegiate Recovery Communities (CRC) across the country. Through our support the magazine was able to double its distribution from 5,000 copies per issue to 10,000 copies per issue. The magazine is currently distributed to colleges across the U.S.
in the news

Nevada Business Chronicles

- *Wipe the Face of Addiction* segment, December 10, 2015
- *Doors To Recovery* segment, November 29, 2015

Public Engagement through Community Outreach

Reno Sculpture Fest

- We were a sponsor of the Reno Sculpture Fest, a free community festival that showcases larger-than-life art installations by local and national artists

The Ridge House

- We partnered with The Ridge House to provide services offered at The Josh Montoya Rehabilitation House. The Ridge House is the only Nevada statewide organization that provides comprehensive re-entry services for former offenders.

- We were a sponsor of The Ridge House’s annual Freedom Run, an event that raises funds to support Veterans programs and services at the Ridge House.

50 Shades of Recovery

- In conjunction with the University of Nevada, Reno’s recovery community we began a series of late night talk show-style events during which recovery is revealed for what it truly is. 2015 speakers included national recovery advocate and philanthropist, Stacie Mathewson, Miss USA 2006, Tara Conner, musician and host from Celebrity Rehab, Bob Forrest, and former major league baseball player, Darryl Strawberry.

Beauty 2 Recovery

- We partnered with Platinum Salon on September 29th to provide a night of beauty and shopping to women in recovery in the community.

Grace Church 2015 Year-End Gift

- We were overwhelmed with gratitude by the generous year-end gift donated to us by the parishioners of Grace Church who collectively donated over $350,000 dollars to help us purchase our second rehabilitation home for young women recovering from addiction. The Jane Aubrey House will serve young women ages 18-25 and plans to open in late spring of 2016.
KEY objectives

Community

Situation
Lack of collaboration of many dedicated community members, partners and groups who share a common vision of effective, accessible and comprehensive care for individuals with substance misuse disorders.

Solution
Find solutions to help people easily locate prevention, treatment and recovery support services in the Northern Nevada community and identify and fill gaps in the continuum of care.

Develop effective prevention and recovery models that can be shared and replicated in other communities across the country.

Success
Drug Court for 18-25 Year-Old Youth Offenders
We partnered with the Young Offender Washoe County Specialty Court to develop this program to defer young people from incarceration into drug treatment.

The Young Offender Specialty Court, referred to by the courts as YO Court targets young adults ages 18-25 who are opiate/heroin users, referred by the criminal court on a diversion case. There have been numerous and substantial research studies to support specialized services to this age group due to their cognitive immaturity and criminogenic needs that are very different than those of older defendants.

This pilot program will enable the Court to offer an individualized treatment approach through Medicaid’s “medical necessity” provisions, including access to Medicated Assisted Treatment, a newly mandated requirement for any Specialty Court receiving Federal funding. The Court will also offer vocational and educational programming designed to assist this specific population.
The program also features highly-individualized treatment regimens including access to medication-assisted treatment which is currently not permitted in the regular Drug Court.

“When I began my career in the judiciary almost 25 years ago, the only tool we had was jail or prison. America now has the distinction of incarcerating more people than any other country, most of whom have drug addiction issues.

You have changed attitudes and inspired new law. Thank you.”
— Janet J. Berry, District Judge, State of Nevada

Josh Montoya Treatment Home
Part of the Washoe County Specialty Drug Court’s Emerging Young Offender Specialty Drug Court program, The Josh Montoya House serves young men ages 18-25. The house is managed under the direction of The Ridge House and is a comprehensive residential and outpatient treatment program that provides young adults the tools to overcome substance abuse through treatment devoid criminalization.

Those who successfully complete the program are poised to achieve and sustain a law-abiding lifestyle. Nationally, 75% of people who are released from an incarceration facility return within three years.

Crime is a multi-generational issue in every community. We are breaking this pattern by helping these young individuals to help themselves, and when they do, they change the lives of generations to come.

Clients reside in the house as long as they need to achieve results, including sobriety and independent living skills.

Services include counseling for mental and behavioral health, one-one-one counseling, substance misuse, reintegration with family members and support, resume and job skills development courses, case management, and credit restoration.

Community Volunteer Program
Our volunteers provide and invaluable service in support of the work of Transforming Youth Recovery and the Reno community at large. Volunteers meet twice monthly to discuss current projects and upcoming volunteer opportunities. Throughout the year we bring in experts in the field of addiction to educate, to create awareness and to eliminate the social stigma surrounding this disease.
Resource Mapping for Northern Nevada (July 2015)

Based on national asset research being led by Transforming Youth Recovery, potential community assets for building prevention, treatment and recovery support capacity in Reno and Northern Nevada were identified and mapped in this study.

Based on this research, gaps were identified in the continuum of care that has allowed us to significantly impact the Northern Nevada Community.
COMMUNITY PROJECT 2015
art for recovery

We sponsored a public art project in celebration of all the courageous young people recovering from the disease of addiction.

Using vintage doors donated from the Reno community, 26 artists transformed doors into works of art to inspire hope for the future of our youth. The project included known and emerging local artists, some of whom are in recovery. Others participated in memory of loved ones lost to the disease, or in support of friends in recovery.

The completed works of art were on display for the entire month of July in select locations around Reno as part of the nationally recognized Artown festival. All the artworks were then displayed together for one evening for our first fundraising event at the Nevada Museum of Art, where they were auctioned as part of the evening’s festivities.

Due to the success of this event, plans are now underway to add additional treatment and youth recovery support services in Reno, NV. Funds raised $65,653.45

Door Artwork: Top left, Bryce Chisholm; Top right, Grant Miller; Bottom, A. Perry
WIPE THE
face of addiction

At the end of 2015 we launched our Wipe the Face of Addiction campaign to increase awareness, raise funds and end the stigma of addiction in our nation. This is an ongoing campaign with no end date. Participants film each other taking a pie in the face and challenge others to do the same. For more information go to wipethefaceofaddiction.com.

“Fundraisers like these are a great way for the community to get involved and use the power of social media to educate others,” said Michael Casarico, CEO and co-founder of Burlington Labs, and a person in long-term recovery.

I also think the metaphor of a pie in the face is a very fitting one. That's such an absurd visual, and it's just as absurd to stigmatize or blame an individual who is battling a disorder, whether that disorder is addiction or diabetes. The medical community understands that addiction is a disease, and it's time our social attitudes begin to catch up.”
HOW
to give

There are a variety of ways to become involved in the work that is being done at Transforming Youth Recovery (TYR), from monthly donations and annual gifts to volunteering. Donations are critical to our daily operations.

Leaving a Legacy: Planned giving is a very charitable way to ensure that your legacy lives on. You can make a commitment today that will benefit TYR in the future. There are a variety of charitable gifts and estate planning options for you to choose from.

Volunteering: At various times during the year, we need volunteers to help with our fundraising events and conferences. Through our volunteer program we encourage in-kind donations of products, time, and services. Volunteering is a great way to support TYR.

Events: We encourage our supporters to attend our annual Art for Recovery event and other special events we host throughout the year.

Memorial and Honorary Contributions: A memorial donation to TYR is a meaningful and hopeful way to honor someone special in your life, or someone who’s passed away too soon from their addiction. An honorary donation offers you a special way to remember someone. Honorary donations also offer donors an opportunity to raise donations for special occasions in lieu of gifts.

Make a Gift of Securities: Gifts of appreciated stock or mutual funds are a great way to give to TYR. The donor will receive an income tax deduction for the full fair market value of securities which the donor has owned more than one year, subject to the usual limitations on the deductibility of charitable contributions.

To transfer securities to Transforming Youth Recovery, or legacy gift, please contact our Director of Strategic Planning & Fundraising, Angelina Wyss, regarding information for our financial advisor. (775) 360-5672 or Angelina@TYRecovery.org.

Please have the following required information available when contacting our financial advisor.

- Name and address of donor
- Name of stock to be transferred
- # of shares or approximate value of stock

All Other Gifts: Gifts of all sizes can be made by credit card, or by check. Please contact Angelina Wyss, Director of Strategic Planning & Fundraising for Transforming Youth Recovery at (775) 360-5672 or Angelina@TYRecovery.org.
2016 MAJOR supporters and donors

$1,000,000+
Stacie and Chuck Mathewson

$100,000+
W. M. Keck Foundation

$50,000+
Parasol Tahoe Community Foundation

$25,000+
Anonymous
Cool Classics
Ernest W. Moody Charitable Foundation

$10,000+
Catamount Fund Ltd.
E.L. Wiegand Foundation
Grill Concepts Inc.

$1,000+
Alan Boeckmann
Albright & Associates, LTD
Arika A Perry
Bob Mathewson
D&D Charitable Foundation
D&D Charitable Foundation
David La Plante
George Croom Charitable Fund
Grill Concepts Inc
IGT
Joan Mack
Kimmy's Coffee Cup

Michael Clark Construction
Pacific Union Int'l
Peri & Sons Farms
Stanley Fulton
Steven Welch
Tara Conner
The Dekruyf Family Trust
Wendy Mueller
William & Susan Walters

Supporters of
Transforming Youth Recovery
Adeline R. Dericco
A-G Associates
Alexander Eugenides
Alpine Insurance
Andre Agassi
Anita Hrig
Antony J Widoff
Bishop Manogue Catholic High School
Black Baud
Blake Howe
Brian Brodsky
Brittany Leger
Chad Schmucker
Cheryl Bruce
Choklitt Global
Cindee A Ashkar
City of Reno
Colleen Capurro
Danielle Scardino
2016 MAJOR supporters and donors

David Peri
Dawn Drlik
DBVJ Inc
Dennis Smith
Diana Renfroe
Donald Parents
East Bay Church of Religious Science
Eileen Gamboa
Frances Fetter
Grace & Co, LLC
ITS Logistics
JD Wahler LLC
Jeanne Hill
Jenco Productions
John & Geraldine Lilley
Jospeh Kaminkow
Julia A Picetti
Julie Ann Pomi
Kathleen Lydon
Kay Silver
Krista Kip
Lawrence Irish
Lisa Hoffman-Davis
Lombardi, Loper, & Conant, LLP
Mark Knobel
Mark W Knobel
Martha Jillian West
Marti McElhirme
Mary Bono
Michael Alan Rosen Foundation
Mitch Woods Insurance
2016 MAJOR supporters and donors

Moonridge Foundation
Morgan Pechingham
Nevada Museum of Art
Pam Pike
Patricia Marble
Ria Beth
Sandra Lee Gerhardt Carroll
Sandra Nelson
Scott Horejsi
Sean McGuire
Selby Dunham
Service Link
Sheldon & Kathy Coleman
Sierra Arts Foundation
Sinclair Broadcast Group
Stacey Renker
Stacey Rissone
Stephen Sutherland
The Embroidery Doctor
The Power of Radio
The Stone House Café
The Trust For Americas Health
Thomas Ryan
Tim Dyches
Tour de Nez Outreach
Trina Peckingham
Victoria Richardson
Wayne & Toni Carney
Western Nevada Supply
Zions Mgmt Services Company
# Financial Statements

**Ordinary Income/Expense Jan - Dec 2015**

<table>
<thead>
<tr>
<th>Income</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Media Challenge</td>
<td>$100.00</td>
</tr>
<tr>
<td>Management Fee Income Direct Public Support</td>
<td>$46,388.31</td>
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<tr>
<td>DTR Donations</td>
<td>$87,940.75</td>
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<tr>
<td>Corporate Contributions</td>
<td>$1,481,360.59</td>
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<tr>
<td>Individual Business Contributions</td>
<td>$759,968.42</td>
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<tr>
<td>Direct Public Support - Other</td>
<td>$758,584.75</td>
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<tr>
<td>Direct Public Support</td>
<td>$3,087,854.51</td>
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<tr>
<td>Dividend Income</td>
<td>$12.36</td>
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<tr>
<td><strong>Total Income</strong></td>
<td><strong>$3,134,355.18</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs</td>
<td>$216,341.33</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$428,138.92</td>
</tr>
<tr>
<td>Donations Given</td>
<td>$632,885.04</td>
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<tr>
<td><strong>Operating Expenses</strong></td>
<td><strong>$3,049,511.69</strong></td>
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<tr>
<td>Management Fee</td>
<td>$37,102.79</td>
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<tr>
<td>Gifts</td>
<td>$1,565.14</td>
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<tr>
<td>Postage</td>
<td>$5,115.27</td>
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<tr>
<td>Website &amp; IT</td>
<td>$191,505.90</td>
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<tr>
<td>Software/Programs</td>
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<tr>
<td>Equipment Expense</td>
<td>$6,651.71</td>
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<td>Utilities</td>
<td>$4,855.93</td>
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<tr>
<td>Telephone/Internet</td>
<td>$7,970.15</td>
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<tr>
<td>Repairs and Maintenance</td>
<td>$2,701.77</td>
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<tr>
<td>Rent</td>
<td>$72,541.10</td>
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<tr>
<td>Contract Labor and Other Services</td>
<td>$69.00</td>
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<tr>
<td>Merchant Account Fees</td>
<td>$311.95</td>
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<tr>
<td>Business Permits and Licenses</td>
<td>$520.00</td>
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<td>Trust Fees</td>
<td>$2,655.37</td>
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<td>Bank Service Charges</td>
<td>$678.89</td>
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<td>Dues and Subscriptions</td>
<td>$648.84</td>
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<td>Printing</td>
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<td>Operations</td>
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<td>Membership Dues</td>
<td>$4,927.25</td>
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<td>Staff Expenses Total</td>
<td>$758,904.88</td>
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<tr>
<td><strong>Office Supplies</strong></td>
<td>$52,108.93</td>
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<td><strong>Meals and Entertainment</strong></td>
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<td><strong>Insurance</strong></td>
<td>$18,000.56</td>
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<td><strong>Contract Services</strong></td>
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<td><strong>Conferences</strong></td>
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<td><strong>Advertising and Marketing</strong></td>
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<td><strong>Travel</strong></td>
<td>$83,296.61</td>
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<tr>
<td><strong>Total Operating Expenses</strong></td>
<td><strong>$1,772,146.40</strong></td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$3,049,511.69</strong></td>
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</tbody>
</table>

| **Net Ordinary Income**                     | **$84,843.49** |

<table>
<thead>
<tr>
<th>Other Income/Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interest Income</td>
<td>$1,475.55</td>
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<tr>
<td><strong>Total Other Income</strong></td>
<td><strong>$1,475.55</strong></td>
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<tr>
<td><strong>Net Other Income</strong></td>
<td><strong>$1,475.55</strong></td>
</tr>
<tr>
<td><strong>Net Income</strong></td>
<td><strong>$86,319.04</strong></td>
</tr>
</tbody>
</table>
I want people to know that adolescent recovery is an extremely neglected piece of the recovery movement. Most cities don’t have recovery high schools. Most colleges don’t have collegiate recovery programs and they should because there is a real need. People need to know that there are tangible results in offering educational recovery supports. People need to see the benefits and they need to hear the success stories."

"I saw other people around me getting better, and for some reason that really resonated with me. I started to see other people’s lives turning around. I could see them getting better and I began to believe that I could get better too. My GPA was 2.75 before I went to the recovery high school and it was a 4.0 by the time I graduated. In my addiction it never entered my mind to go to college, but now I was looking at my choice of three universities in Texas.”

"As a person in recovery I am incredibly grateful for all the hard work Doors to Recovery is doing to bring awareness to the disease of alcohol and drug addiction. Thank you!"

"Matt is getting ready to graduate in May with a promising career as a nurse. Throughout his journey in recovery, he has found a place where he feels accepted, where he belongs, and where he has been free to grow into the responsible person he has always wanted to be. He has rediscovered his inborn abilities and his zest for life, and is constantly bringing this passion to others.”

COLLEGIATE recovery testimonials
BOARD OF directors

Stacie Mathewson | Daniel Fred | Anjali Phillips

TYR leadership

Stacie Mathewson, Founder, CEO and President
Ivana Grahovac, Executive Director, Transforming Youth Recovery
Paulina De Loera, Human Resources and Accounting Manager
Pamela Clark, Marketing and Program Advisor
Stephen Cornell, Social Media Manager
Jessica Garcia De Paz, Collegiate Program Development Assistant Director
Bre Cook, Senior Collegiate Program Manager
Arielle Spanvill, Community Mapping and Sustainability Coordinator
Cricket Dundas, Executive Director, Doors to Recovery
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