

Achieving Higher Performance Outcomes Through Technical Assistance Strategies for New and Emerging Collegiate Recovery Communities and Programs

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# Objectives

- Learn what technical assistance strategies are being utilized to assist emergent collegiate recovery communities and programs develop over the first three years of the program,
- 2. Discuss trends and patterns technical assistance experts have recorded while working with emergent programs,
- 3. Observe how these trends and patterns may impact the field as a whole.

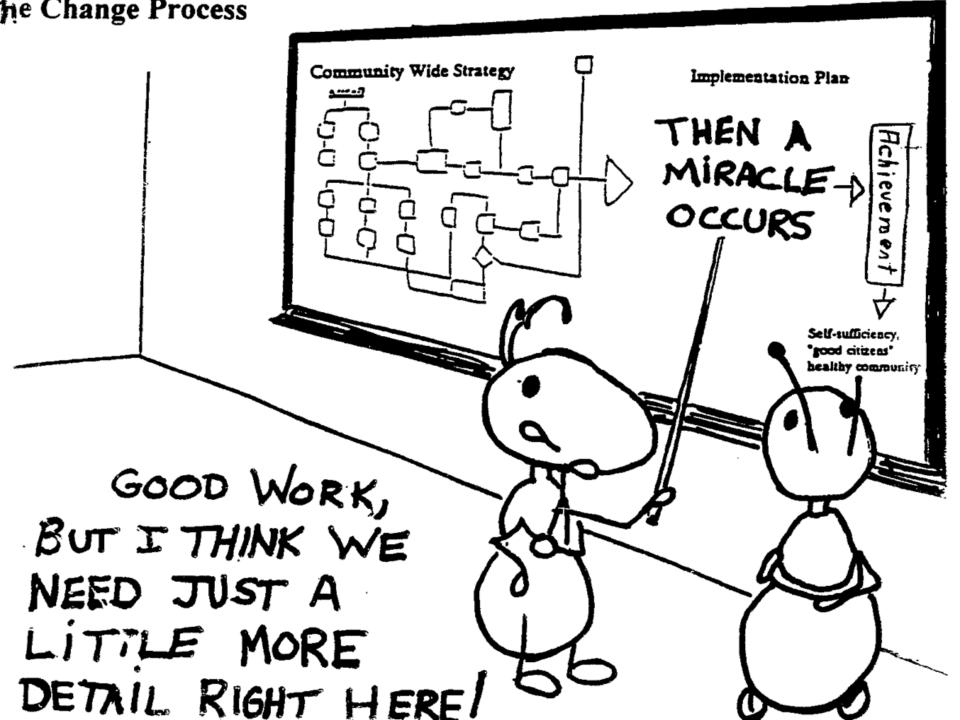
# Introductions

- Name and affiliation
- 2. Area of strength for your department or office. What do you do really well that you want to share?
- 3. How do you know you are doing well in this area?



# What Is Technical Assistance?

- Technical assistance is non-financial assistance provided by local or international specialists.
- Sharing of information and expertise, instruction, skills training, transmission of working knowledge, and consulting services and may also involve the transfer of technical data.
- The aim of technical assistance is to maximize the quality of project implementation and impact by supporting administration, management, policy development, capacity building, etc.



# Collegiate Recovery Innovation

- Innovation created in 1970's and 1980's.
- Feds became interested in the late 1990's, early 2000's.
- Association of Recovery Schools meeting in 2001.
- First model of dissemination by SAMHSA and DOE through Texas Tech University's CRC replication curriculum in 2006-2011.
- Rutgers University, Texas Tech University, Augsburg College, then eventually Kennesaw State University, University of Vermont, and others began offering mentorship/consulting.
- Association of Recovery Schools birthed the Association of Recovery in Higher Education in 2009-2011.
- ARHE begins fielding requests from CRC's/CRP's.
- Transforming Youth Recovery grant 2012-present with three years of technical assistance/mentorship to grantees.

# 2012

Since 2012, TYR has offered 164 institutions grants from 2012-2018 and 161 grants have been accepted and administered.

## **69**

Of the 152 active programs, 69 institutions currently receive technical assistance (TA) and 83 institutions have sunset. TYR extended TA for 7 institutions beyond the traditional 3 year administrative period.

# **\$1.**3M

TYR grants administered for collegiate recovery programs and efforts from 2012-2018 have totaled \$1.3M. This investment does not include costs associated with grant administration or technical assistance personnel and resources.



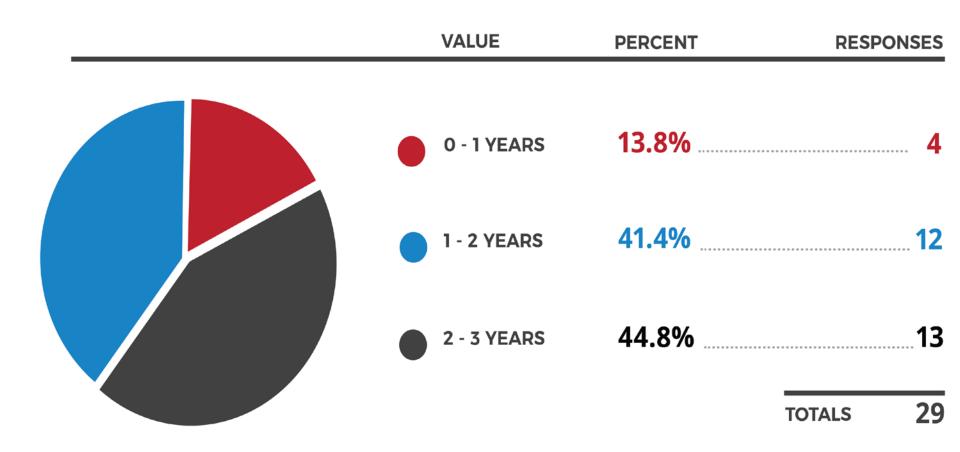
Of the 161 grants, there are 152 institutions that have maintained active programs in the U.S. This reflects a 94.4% success rate.

94.4%

Of the 69 institutions currently receiving technical assistance, there are 11 community colleges participating.

11

#### 1. HOW LONG HAVE YOU BEEN A GRANTEE?



# 2. HOW HAVE YOU RECEIVED TECHNICAL ASSISTANCE AND MENTORSHIP FROM TYR IN THE PAST?

	VALUE	PERCEN	T RESPONS	SES
	EMAIL	79.3%	•	23
f	FACEBOOK GROUP	24.1%	•	7
	SCHEDULED MONTHLY PHONE CALLS	93.1%	•	27
البال	WEBINARS OR GROUP CONFERENCE CALLS	41.4%	<b></b>	<b>12</b>
	NEWSLETTER	6.9%	•	2
	OTHER - WRITE IN	6.9%	•	2

<b>Т</b> от	HER - WRITE IN	COUNT	
	ARHE CONFERENCE	1	
	IN PERSON MEETING	1	
	TOTALS	2	

# 3. WHAT TYPE OF TECHNICAL ASSISTANCE HAVE YOU DERIVED THE MOST VALUE FROM IN THE PAST?

	ITEM	OVERALL RANK	RANK DISTRIBUTION	SCORE	NO. OF RANKINGS
Ī	SCHEDULED MONTHLY PHONE CALLS	1		112	26
	EMAIL	2		88	23
البال	WEBINARS OR GROUP CONFERENCE CALLS	3		51	16
	NEWSLETTER	4		29	10
f	FACEBOOK GROUP	5		15	7

# 4. MOVING FORWARD, IN WHAT AREAS ARE YOU INTERESTED IN RECEIVING TECHNICAL ASSISTANCE OR MENTORSHIP?

	ITEM	OVERALL RANK	RANK DISTRIBUTION	SCORE	NO. OF RANKINGS
<b>G</b>	STUDENT RECRUITMENT AND ENGAGEMENT	1		162	26
<u>~</u>	SUSTAINABILITY	2		121	24
Ö	MARKETING	3		117	21
atla	FUNDRAISING	4		81	17
7	NAVIGATING INSTITUTIONAL POLITICS	5		39	12
	HOUSING	6		36	10
	PARTNER WITH THE COMMUNITY	7		34	9

# 5. PLEASE PROVIDE ANY ADDITIONAL COMMENTS YOU HAVE.



#### COUNT RESPONSE

1

N/A

Please also update all grantees when staff transition. TYR missed one of my monthly calls with no notice after numerous staff left, and it was very confusing for us. Nobody associated with CRPs was answering or returning phone calls, and email communication was very delayed and frequently not returned at all. TYR has been extremely helpful throughout the grant process, and I hope that things will stabilize enough for us to return to having that supportive relationship!

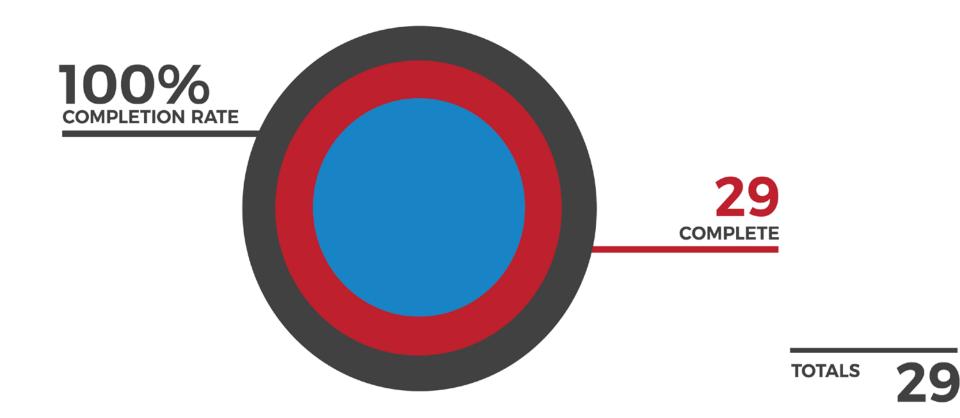
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Ready for the monthly phone calls to start back up!

1

The community college environment is VERY different than a 4 year so I think we continue to be a bit of an experiment! So appreciating the support I'm receiving.

#### REPORT FOR TECHNICAL ASSISTANCE FEEDBACK



# How to Improve Technical Assistance for Collegiate Recovery Settings

Effective Intervention, i.e. Recovery Support

X

Effective and Sufficient Implementation

Consistent; Sustainable; Outcomes

# The Implementation Gap

Effective Intervention

X

Ineffective or Insufficient Implementation

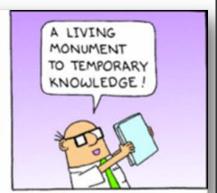
Inconsistent;
Not Sustainable;
Poor Outcomes

Adapted from: http://sisep.fpg.unc.edu/learning-zone/science-of-implementation/

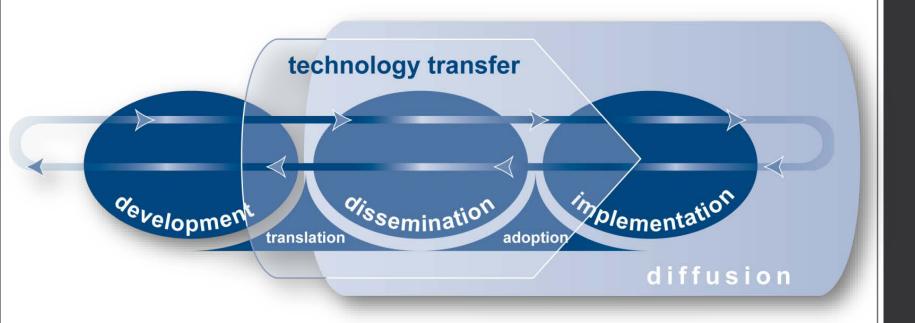








### Model of the Diffusion of an Innovation



# Development



Creating and initially evaluating an innovation\*

\*An innovation can be an idea, technology, treatment or method, including evidence-based practices or practice guidelines

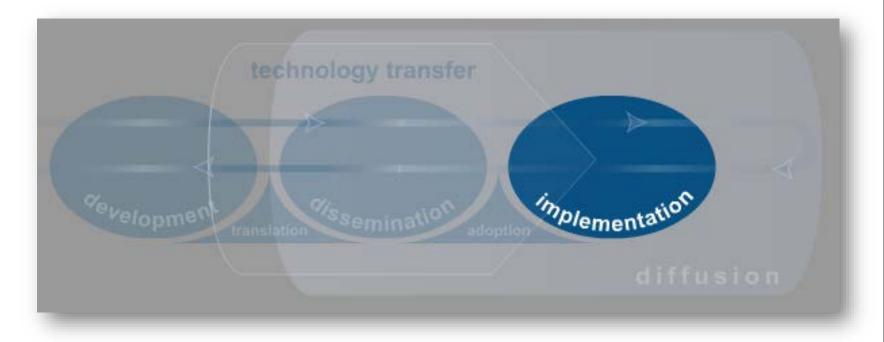
#### Dissemination



Promoting awareness of an innovation with the goal of encouraging adoption and implementation.

\*Dissemination strategies include raising awareness, building knowledge, and distributing materials.

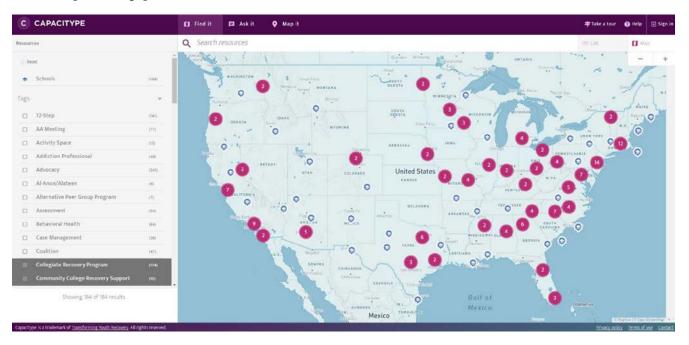
# **Implementation**



Implementation ideally includes a range of strategies designed to address individual, organizational, and systemic characteristics (e.g., skills training, administrative buy-in, and policy changes).

# Evaluation/Data Collection

- Student Engagement and Institutional Attitudes, Recovery Support Services in Higher Education
- Environmental Scans, 2017 TYR Census
- Capacitype



# How Do We Improve?

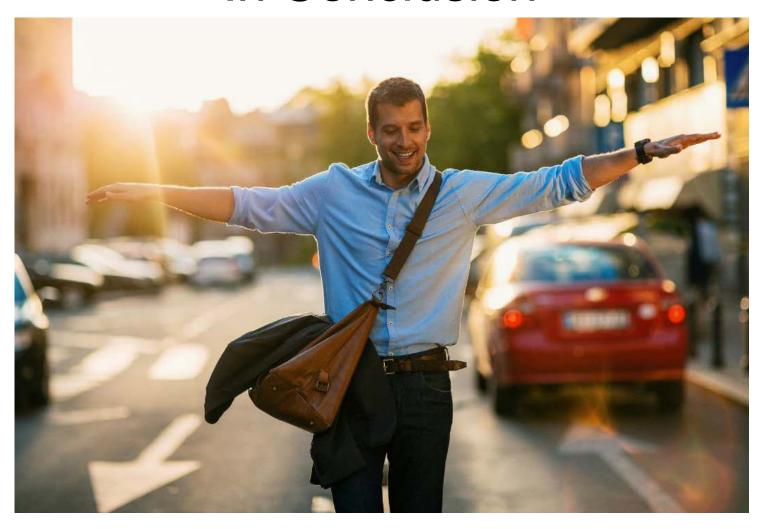
Life cycle of collegiate recovery services.

Similar to Darwin, we want to define and refine to understand how to support.

- Any models of technical assistance systems out there?
  - The ATTC is an international, multidisciplinary resource for professionals in the addictions treatment and recovery services field.



# In Conclusion



# Contact

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