Building Capacity for Recovery Support at Institutions of Higher Education

Methodology and Tools
Building Capacity for Recovery Support at Institutions of Higher Education

Session Objectives

1. Share an approach to building capacity for recovery support at institutions of higher education;
2. Provide an overview of online tools designed for Community Asset Mapping and enhanced access to care and support resources;
3. Discuss tools and methods that can assist you in tracking, reporting, and sharing resource data.
School-Based Recovery Support

Growth Chart (U.S. 02-2013 – 06-2018)

Original census data from TYR in February 2013
39 Collegiate Recovery Programs and Early Efforts

Census Survey for recovery support in higher education, 2017-2018
212 Collegiate Recovery Programs, Communities, Residencies, and Supports

Type of Support
- Collegiate Recovery
- Recovery High Schools
- Community College Recovery

CAPACITY
DATA STUDIO
Find and make known the resources that can help people reach their full potential.

We define an asset as any person, place, or group that can meaningfully contribute to supporting and helping those striving to reach their full potential.

Building capacity within institutions of higher education to openly serve and support students in recovery.
In 1993, leaders from Northwestern University’s Center for Urban Affairs and Policy Research presented tools for asset-based community development – a participatory effort to find and mobilize local talents, gifts, associations and institutions so as to enhance the quality for life for community members.

In 2010, the Search Institute surveyed the attitudes and behaviors of 89,000 youth in grades 6-12 to evaluate the impact of experience with developmental assets.

38 ASSETS
For Building Collegiate Recovery Capacity

These assets reflect the potential college-specific people, places, and groups that can be assembled into practices to help students in recovery thrive in the fullness of the college experience.

These categories reflect findings from the 2015 Collegiate Recovery Asset Survey completed by 91 collegiate recovery programs and efforts in the United States.

The 9 assets that are critical to starting any collegiate recovery effort.

The 20 additional assets that are essential to serve and support students in recovery.

The 9 assets that can contribute to a sustainable community of students in recovery.
Find and make known the resources that can help people reach their full potential.

We define an asset as any person, place, or group that can meaningfully contribute to supporting and helping those striving to reach their full potential.

Nothing matters unless there is a name for it; nothing lasts unless there is an easy way to talk about it; and, nobody cares unless there is a good story about it.

Build relationships with early advocates and supporters to orient and connect people.

Those who are willing to contribute, share, and spread knowledge within their networks.
Building capacity within institutions of higher education to openly serve and support students in recovery

**Assets and Resources**
Find and make known the resources that can help people reach their full potential.
We define an asset as any person, place, or group that can meaningfully contribute to supporting and helping those striving to reach their full potential.

**Early Advocates**
Build relationships with early advocates and supporters to orient and connect people.
We connect with who are willing to contribute, share, and spread knowledge within their networks.

**Network Influence**
Repurpose social and naturally occurring networks for influence and engagement.
We recognize that social networks are the single greatest contributor to an individual’s personal well-being.
In 1971, the 12,000 men and women participating in the Framingham Heart Study started listing their social contacts. This has given researchers unprecedented insight into the relationship between social networks and key health and well-being indicators.

personal social network increased the probability of abstinence for the next year by 27%.

Building capacity within institutions of higher education to openly serve and support students in recovery

Study how people access, collect, and use resources to teach others at points of entry.

We invest in activities that unite people around a positive identity and a collective cause.

Find and make known the resources that can help people reach their full potential.

We define an asset as any person, place, or group that can meaningfully contribute to supporting and helping those striving to reach their full potential.

Repurpose social and naturally occurring networks for influence and engagement.

We recognize that social networks are the single greatest contributor to an individual’s personal well-being.

Build relationships with early advocates and supporters to orient and connect people.

We connect with who are willing to contribute, share, and spread knowledge within their networks.

Early Advocates

Points of Entry

Network Influence

Assets and Resources
Addiction Resource Hub
Finding resources is not always easy, especially in moments when you need them most. Our comprehensive resource hub helps you find the independent, local support you or a loved one are looking for.

Find it
There are countless people, places, and services that stand ready to support you. Finding them is not always easy. Our map is designed to help. You’re one search away from finding the resources designed to aid you and your loved ones on the pathway to recovery.

Map it
Sharing is caring. If everyone shares the resources in their community, it could make it easier for others to find the key to their recovery—all across the country. What are you waiting for? Help someone else find the support they need!
A national sample (n= 25,354) of patients who received detoxification (specifically medically managed withdrawal either inpatient or outpatient) from alcohol or opioids in 2009 was identified in the Veterans Health Administration administrative data. Only 40% of patients attended an outpatient follow-up appointment scheduled within a week of discharge from detoxification.

There was a large benefit of attending outpatient follow-up within a week of completing detoxification, in terms of further engagement in subsequent treatment and lower odds of mortality.

Those who engaged in outpatient treatment within a week of detoxification discharge also showed higher numbers of outpatient appointments and inpatient admissions for both substance use and other mental health conditions over the two years following detoxification—this was an unexpected finding.

Showing 141 of 141 results.
Consumer Treatment Guide

Whether you are seeking help for yourself, a family member, or a friend, finding the right treatment for a substance use problem or addiction can be overwhelming and confusing. Our partners are working tirelessly every day to address the many factors that are contributing to this uneven and chaotic treatment landscape. Our goal is to give you all the necessary information to help you find the right starting point for you or your loved one.

There are numerous people and places who stand ready to help you—and our hope is to connect you with options that have your best interests at heart. We want to help you move from anxiety and fear to stability and hope.

This guide has been assembled to help you find and contact the right first resources for addiction treatment. Specifically, we are talking about treatment for alcohol or drug addiction. We try to do this in plain language and there are a few important terms we need to acquaint you with as we go. Importantly, this guide is not meant to replace any advice from a health professional. And we cannot guarantee, in any way, that you will receive quality treatment or have a positive outcome.

Let’s begin by showing you the treatment resources available in your area. You can select topics below the map display to help you select the right resources for your situation.

Let the questions below be a blueprint to help guide you or your loved one to high-quality addiction treatment.

<table>
<thead>
<tr>
<th>Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>What type or level of treatment do I, or my loved-one need?</td>
</tr>
<tr>
<td>What are the things I should look for when searching addiction treatment programs?</td>
</tr>
<tr>
<td>What should I watch out for when searching for addiction treatment programs?</td>
</tr>
<tr>
<td>How do I find addiction treatment providers near me?</td>
</tr>
<tr>
<td>How do I find out if a treatment program is covered by my insurance?</td>
</tr>
<tr>
<td>How do different people recover, or does everyone recover the same way?</td>
</tr>
</tbody>
</table>

This guide was developed with the guidance of the Recovery Research Institute. Please visit their site for more evidenced-based information on treatment and recovery.
CONDUCT ASSET MAPPING

Conduct preliminary research online, launch surveys, and gather lists to identify key resources and connectors for asset mapping interviews.

CREATE ASSET INVENTORIES

From interviews and other data gathering activities, create an asset inventory for community-based programs and services that support students in recovery.

PUBLISH ASSET COLLECTIONS

Publish asset collections for online sharing with students in recovery and local advocates. Over time, track referral pathways for points of entry and gaps in care.
Community Asset Mapping Toolkit

- Section 1. Welcome to the asset mapping toolkit
- Section 2. Quick guide to adding assets to the map
- Section 3. Creating an asset inventory
- Section 4. Talking to connectors
- Section 5. Mobilizing pathways to recovery
- Section 6. Asset mapping principles and tips
There is no magic formula for when or how to best start asset mapping other than just starting. You will quickly find the value in the conversations you are having and the stories you start sharing. We have found it helpful to initially consider approaching those individuals and groups that you believe will be most receptive to your idea of building capacity for recovery in your community. Here are a few principles and tips to consider as you undertake asset mapping intended to enrich recovery support.

Asset Mapping Principles

Walk the Talk, Talk the Walk: Using the common language of capacity building and community assets can bring together entire communities and strengthen the sense of belonging within groups. Recognize that
Santa Rosa Junior College, Students for Recovery

Filter your collection items by service
All services

AA Spanish Meeting - Grupo Bienestar

Contact
Grupo Bienestar AA
5959 Commerce Blvd
Rohnert Park, CA 94928

Services
- 12-Step
- AA Meeting
- Recovery Support

Website

Resources
- Recovery Friendly Workplace (Northeast)
  29 resources
- Recovery Housing (MD)
  5 resources
- Recovery in Higher Education (U.S. 2017-09-01)
  186 resources
- Recovery Organizations Near Minneapolis
  10 resources
- Reno Area Treatment Providers 01-23-18
  13 resources

Santa Rosa Junior College, Students for Recovery
69 resources

School-Based Recovery Support (U.S. 2018-03)
318 resources

YPR Chapters in the U.S.
68 resources
Capacity Data Studio

Geo-Hit Maps for Resource Tracking
Building Capacity for Recovery Support in Higher Education

- Capacity Building for Collegiate Recovery References (Second Edition)
- Census and Definitions for School-Based Recovery Support
- Creating and Sharing Resource Collections with Others
- Student Engagement and Institutional Attitudes Survey
What questions, if answered, could make the most difference to the future of the collegiate recovery movement and the students it serves?

- **Student Engagement and Institutional Attitudes**
- **Student Outcome Measures and Domains: Demographics, Academic, Personal, Professional, and Program Evaluation**
- **Assessment of Recovery Capital and Brief Assessment of Recovery Capital (BARC-10):** Assets for building collegiate recovery capacity
- **Well-Being Assessments and Domain Indicators: Academic, Social, Community, Physical, and Financial**
- **Sociogram Relationship Questionnaires**